

What is claimed is:

1. A food formulation for the child-safe preparation of an edible foodstuff that is representational of a target food item, where the edible foodstuff is preparable by the addition of water to the food formulation, and the edible foodstuff has a texture and a flavor appropriate for the target food item.
2. The food formulation of claim 1, wherein the edible foodstuff has an appearance that is appropriate for the target food item.
3. The food formulation of claim 1, wherein the edible foodstuff is preparable at or below room temperature.
4. The food formulation of claim 1, wherein the food formulation is provided in at least one sealed packet.
5. The food formulation of claim 1, wherein the food formulation includes a topping for application to the edible foodstuff.
6. The food formulation of claim 5, wherein the topping includes candy or sugar sprinkles.

7. The food formulation of claim 1, wherein the target food item is a cake or brownie.
8. The food formulation of claim 7, wherein the food formulation includes cookie crumbs.
9. The food formulation of claim 7, wherein the food formulation includes icing or an icing composition.
10. The food formulation of claim 1, wherein the target food item is a milkshake or a smoothie beverage.
11. The food formulation of claim 10, wherein the food formulation includes a mix-in ingredient, and the preparation of the edible foodstuff includes the addition of the mix-in ingredient.
12. The food formulation of claim 11, wherein the mix-in ingredient is selected from candies, syrups, granola, fruit, dried fruit, and dehydrated fruit.
13. The food formulation of claim 1, wherein the target food item is a fondue.

14. The food formulation of claim 13, wherein the food formulation includes dippable ingredients for dipping in the edible foodstuff.
15. The food formulation of claim 14, where the dippable ingredients include at least one of marshmallow candies and edible gelatin candies.
16. The food formulation of claim 1, wherein the target food item is a sorbet.
17. The food formulation of claim 1, wherein the target food item is a dessert gel.
18. A food formulation for preparation of an edible foodstuff that is representational of a target food item, wherein the edible foodstuff is preparable by the addition of water to the food formulation, the edible foodstuff has a texture and a flavor appropriate for the target food item; and preparation of the edible foodstuff facilitates constructive play by simulating preparation of the target food item.
19. The food formulation of claim 18, wherein the edible foodstuff is preparable at or below room temperature.
20. The food formulation of claim 18, wherein the food formulation includes at least one of a topping or mix-in ingredient for application to or mixing into the edible foodstuff.

21. The food formulation of claim 20, wherein the topping or mix-in ingredient includes at least one of candies, sugar, fruits, dried fruits, or dehydrated fruits.
22. The food formulation of claim 18, wherein the target food item is a cake or brownie.
23. The food formulation of claim 18, wherein the target food item is a milkshake or a smoothie beverage.
24. The food formulation of claim 18, wherein the target food item is a fondue and includes dippable ingredients for dipping in the edible foodstuff.
25. The food formulation of claim 18, wherein the target food item is a sorbet or a dessert gel.
26. A kitchen playset, comprising at least one food formulation for the child-safe preparation of an edible foodstuff that is representational of a target food item, where the edible foodstuff is preparable by the addition of water to the food formulation at room temperature or below, and the edible foodstuff has a texture and a flavor appropriate for the target food item.